Grade 5 Sample Lesson Plan:
Unit 10 – Opiod Use- Summative Lesson

SOLs

- 5.3h Identify how culture, family, friends, and the media influence health practices *about using opioids*
- 5.1l Analyze the effects of *opioid* use on relationships with family, peers, and other individuals.

Note: *This lesson may need 3 or more classes to complete. Students receive the prompt, self- check, and rubric one day and continue to work on their performance for 2-3 days. When ready, students present their performance to the class and are scored with an analytical rubric.*

Objectives/Goals

- Students identify how friends influence health practices *about using opioids.* (5.3h)
- Students analyze the effects of *opioid* use on relationships with family, peers, and other individuals. (5.1l)

Materials

- Prompt-From Injury to Addiction
- From Injury to Addiction Self-Check (Used formatively)
- Graphic organizer-Poster
- Graphic organizer-Role play
- From Injury to Addiction Rubric

Procedure

Prior to the lesson: *A successful performance assessment requires pre-planning. Prepare student packets that consist of the prompt, self-check, graphic organizer, and rubric. Formatively assess student work and provide effective feedback based on the observed performance in meeting the criteria of the performance task.*

Note: *Although this is a summative assessment lesson, the Self-Check is a formative assessment.*

Lesson Opening

- Explain the performance task- Presentation of a Poster
  - Includes a prompt, self-check **(**Used formatively**),** Graphic organizer-Use of non-endorphins, Graphic organizer-role play**,** and rubric.
  - Students work in groups to fulfill the requirements, using the rubric to guide their presentation.
  - When ready, students present their project and are scored according the analytical rubric.
  - Note: *For variety, you may design another prompt but maintain the same requirements and criteria on the rubric.*
- Distribute the prompt, self-check, graphic organizers, and rubric. Answer student questions.
- Inform the students that you will be walking around to help or answer any questions (Formative assessment with targeted feedback)

During the lesson

- Walk from group to group checking for questions and reinforcing the process through the self-check, reminding students of the challenge on the performance task prompt, and reminding students to keep the rubric visible and use it to guide their planning.
- If the students need a group reinforcement, stop the work and reteach or refine the directions.

Lesson Closing

- Five minutes before the end of class, direct students to organize their work and put it away for the next class.
- Review and reflect
  - What is one-way American culture, family, friends, and the media influence health practices *about using opioids?* (5.3h)
  - How does *opioid* use effect relationships with family, peers? (5.1l)

Assessment Idea

- Summative Prompt: From Injury to Addiction

- Formative assessment From Injury to Addiction Self-Check
- Formative - Graphic Organizer to plan the poster on the use of non-endorphins
- Formative - Graphic Organizer to plan for the role play.
- Summative - From Injury to Addiction Rubric
- Summative poster presentation
- Summative role-play

References

- Connolly, Mary (2012) Skills Based Health Education. Jones and Bartlett. Burlington, MA
- Operation Prevention (DEA, Discovery Education) https://www.operationprevention.com/

Handout

The next page includes a handout for the lesson. The handout is designed for print use only.

Prompt-From Injury to Addiction

Andrea's older sister, Kim, was very social and very active in school and sports. She was healthy, happy, had many friends, was a multisport athlete, and had great grades. One day, during a soccer game, Kim was tripped and crashed into the goal post. Her upper arm bone was shattered. The doctors took great care of her and casted her arm. She was in great pain so the doctor prescribed the opioid, oxycodone. It worked! As soon as she took the pill, the pain went away. After three days, the pain was still very bad. The doctor discovered that her ligaments were torn and gave her another oxycodone prescription.

The family was not alarmed because Oxycodone is often prescribed for pain relief. Kim found that she needed more of the drug to kill the pain so she looked in the medicine and found some old oxy pills prescribed for her father. Because Kim saw television ads for opioid pain killers, she didn't think she was doing anything dangerous. She did begin to notice, however, if she didn't take the pills, she felt sick.

Kim remembers that before her injury laughing, certain foods, and sports made her feel good. What happened? Is she withdrawing when she feels sick? Could she be addicted?

Your challenge is to design a poster and present a role play about the influences to use opioids.

Poster

- List three healthy behaviors *such as the use of non-drug endorphins* and describe their positive effect on personal health. (5.3h)
- Three influences of American culture that lead to opioid abuse. (5.3h)

Role play

- Describe the stages of opioid use, tolerance, and addiction.
- Describe one-way American culture can be changed to prevent opioid abuse. (5.3h)

From Injury to Addiction Self-check

Project requirements	Have not started	Working on it	Complete (Student and teacher initials)
Poster			
1. List three non-endorphin healthy behaviors their positive effect on personal health.			
2. Identify three influences of American culture on health practices and behaviors about opioid use.			
Role play			
3. A description of the 4 stages of opioid use including tolerance and addiction.			
4. One-way American culture can be changed to prevent opioid abuse.			

Opioid Poster-Three non-endorphin healthy behaviors, two effects they have on personal health and three influences of American culture on opioid use

Healthy Behavior _____	Healthy Behavior _____	Healthy Behavior _____
• 1. Effect on health	• 1. Effect on health	• 1. Effect on health
• 2. Effect on health	• 2. Effect on health	• 2. Effect on health

Identify three influences of American culture on opioid use. (5.3h)

1.

2.

3.

Role Play that describes the stages of opioid use including tolerance and addiction and one way American culture can be changed to prevent abuse.

Stage 1 ▶ Stage 2 ▶ Stage 3 ▶ Stage 4

A description of one way American culture can be changed to prevent abuse. (5.3h)

From Injury to Addiction Rubric

Score and comments	Standards	4	3	2	1	0
Poster						
	The description of how three healthy behaviors *such as using non-drug endorphins* effect personal health. (5.1l)	The description of how three healthy behaviors *such as using non-drug endorphins* effect personal health is accurate.	The description of how three healthy behaviors *such as using non-drug endorphins* effect personal health is mostly accurate.	The description of how three healthy behaviors *such as using non-drug endorphins* effect personal health has a few inaccuracies.	The description of how three healthy behaviors *such as using non-drug endorphins* effect personal health is inaccurate.	No evidence observed
	Identify three influences of American culture on health practices and behaviors about opioid use. (5.3h)	The identification of three influences of American culture on health practices and behaviors about opioid use is accurate.	The identification of three influences of American culture on health practices and behaviors about opioid use is mostly accurate.	The identification of three influences ofAmerican culture on health practice and behaviors about opioid use has a few inaccuracies.	The identification of three influences of American culture on health practices and behaviors about opioid use is inaccurate.	No evidence observed
Role Play						
	A description of the 4 stages of opioid use, tolerance, and addiction. (5.1l)	The description of the 4 stages of opioid use, tolerance, and addiction is accurate.	The description of the 4 stages of opioid use, tolerance, and addiction is mostly accurate.	The description of the 4 stages of opioid use, tolerance, and addiction has some inaccuracies.	The description of the 4 stages of opioid use, tolerance, and addiction is inaccurate.	No evidence observed
	A description of one way American culture can be	The description of how American culture can be changed to	The description of how American culture can be changed to	The description of how American culture can be changed to prevent	The description of how American culture can be changed to	No evidence observed

	changed to prevent abuse. (5.3h)	prevent opioid abuse is accurate.	prevent opioid abuse is mostly accurate.	opioid abuse has a few inaccuracies.	prevent opioid abuse is in accurate.	

Score: Total points/Total possible points x 95%=				Total		
Non-Standards criteria						
Score and comments	Criteria	4	3	2	1	0
	Presentation	The participants worked well together.	The participants mostly worked well together.	The participants demonstrated difficulty in working together.	The participants did not work well together.	No evidenc e observe d.
	Poster: spelling	The spelling on the graphic organizer is correct.	The spelling on the graphic organizer is mostly co rrect.	The spelling on the graphic organizer has a few errors.	The spelling on the graphic organizer is mostly incorrect.	No evidence observed.
	Poster: grammar	The grammar on the graphic organizer is correct.	The grammar on the graphic organizer is mostly correct.	The grammar on the graphic organizer has a few errors.	The grammar on the graphic organizer is mostly incorrect.	No evidence observed.
Score: Total points/Total possible points x 5%=					Total	
Standards total_____ Non-standards total_____ Grade_____						